



National Alliance on Mental Illness

REGISTRATION FORM

NAMI Affiliate: _____

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Adult Child (under 18)

Team Name: _____

Team Captain: _____

PLEASE SELECT ONE

TEAM CAPTAIN	INDIVIDUAL WALKER
WALKER ON A TEAM	WALK DAY VOLUNTEER Please contact

I hereby waive all claims against NAMI, sponsors, or any personnel for any injury that I might suffer in this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event.

Signature

Parent/Guardian (if walker is less than 18 years of age)

NAMI WALKS FOR THE MIND OF AMERICA

Sunday, March 28, 2010

Tempe Town Beach Park

Registration 12:00pm, Walk begins at 1:00pm

Total Distance: 5k

PLEASE RETURN COMPLETED WALKER REGISTRATION FORM TO YOUR TEAM CAPTAIN
OR THE NAMI ARIZONA STATE OFFICE VIA FAX (602) 252-1349

Thank you for supporting our 2010 WALK!

ALL ENTRIES MUST BE COMPLETE TO ENSURE PROPER REGISTRATION

2010 Valley Walk

Changing Minds...One Step at a Time

Our mission is to ensure that by 2020 all Arizona citizens affected by mental illness are participating freely in the full life of their communities, valuing health over illness. We believe that the stigma surrounding mental illness can be dissolved; disadvantages can be eliminated and opportunities for wellness can be created. Transforming education and awareness into volunteerism and leadership, we illustrate that mental illness is not an inhibitor to life fulfillment; mental health serves as a catalyst.

NAMI Arizona is focused on creating opportunities for families and individuals affected by mental illness. By providing peer-based support and education, we are building strong and knowledgeable communities able to support the needs of so many. Please find below an outline of our nationally-recognized signature programs, offered for free to those in need.

NAMI Signature Programs rely on the lived experience of local families and consumers to provide information to other families and consumers. These programs are structured to provide complete, up-to-date, and relevant skills and information to communities.

Educational Courses

- Family-to-Family:** For families and caregivers of individuals living with mental illness
- Peer-to-Peer:** For individuals living with mental illness
- Provider Education:** For mental health care professionals
- Parents and Teachers as Allies:** For School professionals
- Basics:** For families and caregivers of youth/adolescents living with mental illness
- Hearts and Minds:** For ANYBODY

Support Groups

- Connection:** For Individuals living with mental illness
- Family Support Group:** For families and caregivers of individuals living with mental illness

Advocacy Programs

- In Our Own Voice:** For ANYBODY. An interactive, multimedia presentation by peers offering hope and providing insight into the recovery process.

Enrollment in Arizona's Behavioral Health System*

Children	43,756
General Mental Health	54,269
Substance Abuse	21,610
Seriously Mentally Ill	37,819
Total	157,454

Seriously Mentally Ill (Adults)*

Estimated Arizonans who are SMI	118,869
SIMs served by BHS in 2007	9,867

Youth Seriously Emotionally Disturbed (SED)*

Estimated Arizonans Suffering SED	111,658
SEDs served by BHS in 2007	30,185

*Source: State Plan for Mental Health Services, 2009, Arizona Behavioral Health Services, Arizona Department of Health Services